

The First Congregational Church of Old Lyme
2 Ferry Road
Old Lyme, Connecticut
(860) 434-8686
Website: www.fccol.org

SUNDAY WORSHIP

Steven R. Jungkeit, Senior Minister
Laura Fitzpatrick-Nager, Senior Associate Minister
Carleen R. Gerber, Associate Minister
Simon D. Holt, Director of Music

July 9, 2023

10:00 AM

Prelude

Introit

*Processional Hymn: #60 “This is My Father's World”

*Call to Worship (adapted from a Muslim prayer):

Save us, our compassionate Lord,
from our arrogance by your forgiving love,
from our greed by your infinite bounty,
from our insecurity by your healing power
Come let us worship God together

*Invocation and The Lord's Prayer

Welcome and Announcements

*Hymn: “Oh, I Woke Up This Morning” (page 6-7)

Offertory Invitation

Offertory Anthem

*Doxology: Praise God from whom all blessings flow;
Praise God, all creatures here below;
Praise God for all that love has done;
Creator, Christ, and Spirit, One. Amen.

*Offertory Prayer

Pastoral Prayer

Pastoral Prayer Response: *A New Commandment*

A new com-mand-ment I give un-to you: that you love one an-oth-er as

I have loved you, that you love one an-oth-er as I have loved you.

The image shows a musical score for a pastoral prayer response. It consists of two systems of music, each with a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are: "A new com-mand-ment I give un-to you: that you love one an-oth-er as I have loved you, that you love one an-oth-er as I have loved you." The music is written in a simple, hymn-like style with block chords and a steady rhythm.

Readings: Isaiah 40:21 – 31, Mark 14:32 – 42

Sermon: **Jesus Calls For Us To Be WOKE**

Rev. Marilyn Baugh Kendrix

*Hymn: #33

“When In our Music God is Glorified”

Benediction

Benediction Response

Postlude

**Congregation Standing*

We thank you for worshipping with us. Following the life and teachings of Jesus, we are a church that strives to be a place of grace, welcoming all regardless of theological expression, age, race, gender, sexual identity, national origin or financial means. In our Church Constitution we recognize that “each member shall have the undisturbed right to follow the word of God according to the dictates of his or her own conscience, under the enlightenment of the Holy Spirit.” The First Congregational Church of Old Lyme, established in 1665, cherishes this proud Pilgrim tradition. We are honored by your presence among us, and we invite you to help us become what we endeavor to be.

Scripture Readings

Isaiah 40:21 – 31


Do you not know? Do you not hear? Has it not been told to you from the beginning? Have you not understood from the foundations of the earth? It is the One who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to dwell in; who brings princes to nothing, and makes the rulers of the earth as emptiness.

Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows on them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, that I should be like him? Says the Holy One. Lift up your eyes on high and see: who created these? The One who brings out their host by number, calling them all by name; by the greatness of his might and because he is strong in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, “My way is hidden from the LORD, and my right is disregarded by my God”? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. God does not faint or grow weary; God's understanding is unsearchable. God gives power to the faint, and to them who have no might God increases strength. Even youths shall faint and be weary, and the young shall fall exhausted; but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

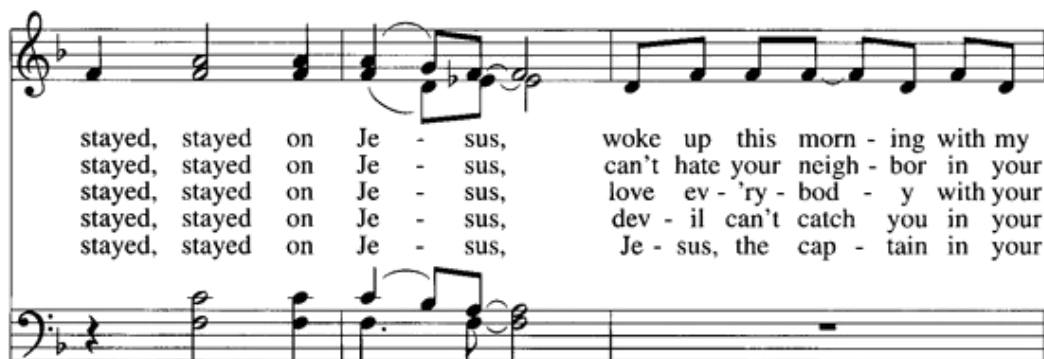
Mark 14:32 – 42

And they went to a place called Gethsemane. And he said to his disciples, “Sit here while I pray.” And he took with him Peter and James and John, and began to be greatly distressed and troubled. And he said to them, “My soul is very sorrowful, even to death. Remain here and watch.” And going a little farther, he fell on the ground and prayed that, if it were possible, the hour might pass from him. And he said, “Abba, Father, all things are possible for you. Remove this cup from me. Yet not what I will, but what you will.” And he came and found them sleeping, and he said to Peter, “Simon, are you asleep? Could you not watch one hour? Watch and pray that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak.” And again he went away and prayed, saying the same words. And again he came and found them sleeping, for their eyes were very heavy, and they did not know what to answer him. And he came the third time and said to them, “Are you still sleeping and taking your rest? It is enough; the hour has come. The Son of Man is betrayed into the hands of sinners. Rise, let us be going; see, my betrayer is at hand.”

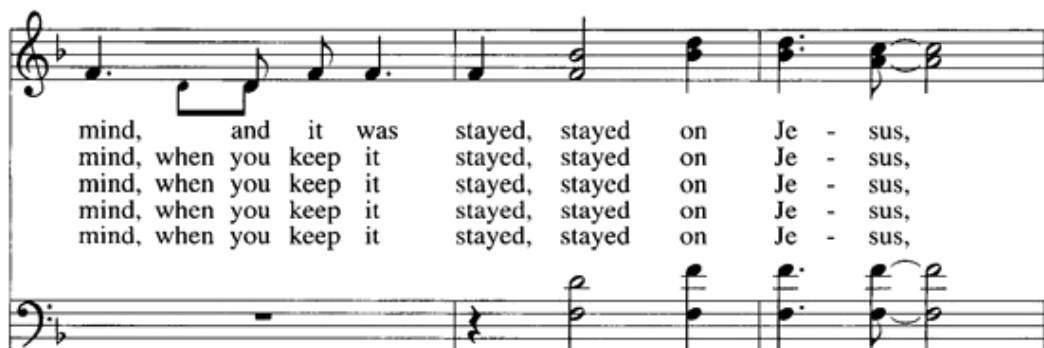
Oh, I Woke Up This Morning



1 Oh, I woke up this morn - ing with my mind, and it was
 2 Can't hate your neigh - bor in your mind, when you keep it
 3 Makes you love ev - 'ry - bod - y with your mind, when you keep it
 4 The dev - il can't catch you in your mind, when you keep it
 5 Je - sus, the cap - tain in your mind, when you keep it



stayed, stayed on Je - sus, woke up this morn - ing with my
 stayed, stayed on Je - sus, can't hate your neigh - bor in your
 stayed, stayed on Je - sus, love ev - 'ry - bod - y with your
 stayed, stayed on Je - sus, dev - il can't catch you in your
 stayed, stayed on Je - sus, Je - sus, the cap - tain in your



mind, and it was stayed, stayed on Je - sus,
 mind, when you keep it stayed, stayed on Je - sus,
 mind, when you keep it stayed, stayed on Je - sus,
 mind, when you keep it stayed, stayed on Je - sus,
 mind, when you keep it stayed, stayed on Je - sus,



woke up this morn - ing with my mind, and it was
 can't hate your neigh - bor in your mind, when you keep it
 love ev - 'ry - bod - y with your mind, when you keep it
 dev - il can't catch you in your mind, when you keep it
 Je - sus, the cap - tain in your mind, when you keep it

stayed, stayed on Je - sus, hal - le - lu, hal - le - lu, hal - le -

lu, hal - le - lu, hal - le - lu - jah.

The image shows a musical score for a song. It consists of two systems of music. Each system has a vocal line on a treble clef staff and a piano accompaniment on a bass clef staff. The key signature has one flat (B-flat), and the time signature is 4/4. The lyrics are: "stayed, stayed on Je - sus, hal - le - lu, hal - le - lu, hal - le - lu, hal - le - lu, hal - le - lu - jah." The piano accompaniment features a steady bass line with chords and some melodic movement in the right hand.

Text: African American spiritual
Music: African American spiritual

SUGGESTED READING FOR LEARNING MORE ABOUT A MORE INCLUSIVE AMERICAN HISTORY

Slavery by Another Name: The re-enslavement of Black Americans from the Civil War to World War II

By Douglas A. Blackmon · 2012

In this groundbreaking historical expose, Douglas A. Blackmon brings to light one of the most shameful chapters in American history: an Age of Neoslavery that thrived from the aftermath of the Civil War through the dawn of World War II.

The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together

By Heather McGhee · 2021

McGhee embarks on a deeply personal journey across the country from Maine to Mississippi to California, tallying what we lose when we buy into the zero-sum paradigm—the idea that progress for some of us must come at the expense of others.

The Warmth of Other Suns: The Epic Story of America's Great Migration

By Isabel Wilkerson · 2011

From 1915 to 1970, this exodus of almost six million people changed the face of America. Wilkerson compares this epic migration to the migrations of other peoples in history. She interviewed more than a thousand people, and gained access to new data and official records, to write this definitive and vividly dramatic account of how these American journeys unfolded, altering our cities, our country, and ourselves.

Capitol Men: The Epic Story of Reconstruction Through the Lives of the First Black Congressmen

By Philip Dray · 2008

Reconstruction was a time of idealism and sweeping change, as the victorious Union created citizenship rights for the freed slaves and granted the vote to black men. Sixteen black Southerners, elected to the U.S. Congress, arrived in Washington to advocate reforms such as public education, equal rights, land distribution, and the suppression of the Ku Klux Klan. But these men faced astounding odds. They were belittled as corrupt and inadequate by their white political opponents, who used legislative trickery, libel, bribery, and the brutal intimidation of their constituents to rob them of their base of support.

Four Hundred Souls: A Community History of African America, 1619-2019

By Ibram X. Kendi, Keisha N. Blain · 2022

Four Hundred Souls is a unique one-volume “community” history of African Americans. The editors, Ibram X. Kendi and Keisha N. Blain, have assembled ninety brilliant writers, each of whom takes on a five-year period of that four-hundred-year span. The writers explore their periods through a variety of techniques: historical essays, short stories, personal vignettes, and fiery polemics.

Stamped from the Beginning: The Definitive History of Racist Ideas in America

By Ibram X. Kendi · 2016

In this deeply researched and fast-moving narrative, Kendi chronicles the entire story of anti-Black racist ideas and their staggering power over the course of American history. *Stamped from the Beginning* uses the lives of five major American intellectuals to offer a window into the contentious debates between assimilationists and segregationists and between racists and antiracists.

The 1619 Project: A New Origin Story

By The New York Times Magazine – Created by Nikole Hannah-Jones · 2021

In late August 1619, a ship arrived in the British colony of Virginia bearing a cargo of twenty to thirty enslaved people from Africa. Their arrival led to the barbaric and unprecedented system of American chattel slavery that would last for the next 250 years. This is sometimes referred to as the country's original sin, but it is more than that: It is the source of so much that still defines the United States.

Caste: The Origins of Our Discontents

By Isabel Wilkerson · 2020

This book points to our entire social structure as an unrecognized caste system. Most people see America as racist, and Wilkerson agrees that it is indeed racist. She points out that we tend to refer to slavery as a “sad, dark chapter” in America when in fact it lasted for hundreds of years—but in order to maintain the social order, it was necessary to give Black people the lowest possible status. Whites in turn got top status. In between came the middle castes of “Asians, Latinos, indigenous people, and immigrants of African descent” to fill out the originally bipolar hierarchy.

The New Jim Crow: Mass Incarceration in the Age of Colorblindness

By Michelle Alexander · 2012

Alexander argues that the War on Drugs and policies that deny convicted felons equal access to employment, housing, education, and public benefits create a permanent under caste based largely on race. Argues that the War on Drugs and policies that deny convicted felons equal access to employment, housing, education, and public benefits create a permanent under caste based largely on race.

The Color of Law: A Forgotten History of How Our Government Segregated America

By Richard Rothstein · 2017

Rothstein explodes the myth that America's cities came to be racially divided through *de facto* segregation – that is, through individual prejudices, income differences or the actions of private institutions like banks and real estate agencies. Rather, he makes clear that it was *de jure* segregation – the laws and policy decisions passed by local, state and federal governments – that actually promoted the discriminatory patterns that continue to this day.

Critical Race Theory: Why It Matters & Why You Should Care

By Victor Ray · 2022

Ray draws upon the radical thinking of giants such as Ida B. Wells, W.E.B. Du Bois, and Dr. Martin Luther King, Jr., to clearly trace the foundations of critical race theory in the Black intellectual traditions of emancipation and the civil rights movement. From these foundations, Ray explores the many facets of our society that critical race theory interrogates, from deeply embedded structural racism to the historical connection between whiteness and property, ownership, and more.

Under the Skin: The Hidden Toll of Racism on American Lives and on the Health of Our Nation

By Linda Villarosa · 2022

Villarosa lays bare the forces in the American health-care system and in American society that cause Black people to “live sicker and die quicker” compared to their white counterparts. Today's medical texts and instruments still carry fallacious slavery-era assumptions that Black bodies are fundamentally different from white bodies. Study after study of medical settings show worse treatment and outcomes for Black patients. Villarosa tells us why.

PODCAST: Special Program: The Lost Cause — the Civil War, then and now

<https://www.humanmedia.org/product/lost-cause-parts-1-2/>



We are grateful for our guest preacher, Rev. Marilyn Kendrix, and all joining in today's Summer Hymn Sing!

Rev. Marilyn B. Kendrix, is the retired Bridge Conference Minister of the Southern New England Conference UCC.

Prior to ordination, Marilyn worked for over 15 years as an Organizational Development Consultant principally at AT&T but also in other profit and not-for-profit settings. She served on the Board of Directors of the Connecticut Conference and participated with the Southern New England Conference Planning Team. She also served as the last Conference Minister of the Rhode Island Conference UCC.

Marilyn earned her Bachelor's degree from Spelman College, an HBCU school in Atlanta, Georgia, her Executive MBA and an MA in Industrial and Organizational Psychology, both from the University of New Haven. She received her Master of Divinity degree from Yale Divinity School and a certificate from the Yale Institute of Sacred Music. Since 2012, her personal ministry has included preaching at over 100 churches to raise awareness about mass incarceration in America. In her ministry to seek criminal justice reform, Marilyn co-wrote *The Justice Imperative: How Hyper-Incarceration Has Hijacked the American Dream* (Significance Press, 2014). Her current social justice preaching ministry addresses systemic racism and the controversy over critical race theory.

Marilyn retired from the Southern New England Conference in January, 2021 and is married to her best friend, Alan. Together they have 3 children, 6 grandchildren and two dogs, Bear and Sugar.

After the service today, there will be a brief talk back session in the meetinghouse with Rev. Kendrix. Enjoy a cup of lemonade and join us!

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*The host for Fellowship Hour today is Julie Martel.*  
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The Nursery is open today with Miss Kim.
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**Memorial Service** for our friend and sexton, Mark Testori, will be at 3 pm TODAY. The service will be followed by an outdoor potluck reception. Please bring some snacks or beverages to share.

**Message from our Director of Music, Simon Holt to all members of the Senior Choir**

Thank you for your wonderful singing at FCCOL this season! You have worked so hard and your singing has really enhanced our services. It's very much appreciated.

**Now, to everyone reading this; It's Your Turn!!** This summer we will be holding one more Summer Sings, or better known as "Turn up to FCCOL at 9:15 am and rehearse for the 10:00 am service, and yes, it feels like the seat of your pants singing, but oh, what fun we'll have!"

Sundays! Our last will take place on **August 13**. Please mark your calendars! I hope many of you will join us!

**A Little Bit Messy: Parents of Young Children Summer Picnic:** Join us for our first monthly meet-up meeting as we make time to visit, share stories and get to know one another. Thursday, July 20<sup>th</sup> at 5:30-6:30 pm Fellowship Garden. Babysitting and sandwiches included! For more info email Laura at [lfitz.nager@gmail.com](mailto:lfitz.nager@gmail.com).

### White Elephant Sale

The White Elephant Sale will be Friday, July 14<sup>th</sup> from 9:00 am - 2:00 pm and Saturday, July 15<sup>th</sup> 8:00 am - Noon.

- **INTAKE is OVER** – Thank you for the donations.
- **Flowers** - Bring your plants & cut flowers on Thursday July 13<sup>th</sup> during set up. Questions call Carson at 885-4984.
- **Baked Goods:** see instructions below.

### **HELP WANTED!!**

- Monday, July 10<sup>th</sup> move all Art to the church narthex for sale.
- Tuesday, July 11<sup>th</sup> 8:00 am and on. Set up small sporting goods tents. Clean up hall outside of fellowship room.
- Tuesday, July 11<sup>th</sup> 5:00 – 7:00 pm. Set up Baked goods, Coffee and Plant pop-up tents. Bring over tables, shelving, etc., from the parsonage garage and set up outside on the church lawn and driveway.
- Thursday, July 13<sup>th</sup> from 8:00 am ‘til done. Everything, which has been stored in two barns during intake, has to be loaded up and trucked to the church grounds to be arranged and priced. We can use all hands, young and old, and we will feed you at lunchtime. Come for some or all of the day.
- Saturday July 15<sup>th</sup>, Cleanup 12:00 noon ‘til done. We can use help in packing items not sold for Easter Seal’s pickup, trips to the dump and putting all shelving back into the barn for next year. Please call Mike Gentry 608-3223. The more folks we have - the faster we can all go home. We will have snacks and sodas to get you through lunch.

### **Worker Aprons**

The red worker aprons will be available in the meeting house on Thursday, July 13<sup>th</sup> from 10:00 a.m. to noon. Each department should send a representative to sign out the number needed. Questions can be directed to Eunice Taylor via email [eunicetaylor@me.com](mailto:eunicetaylor@me.com).

**Attention all bakers!!** The White Elephant Sale needs your baking talents! We are looking for your amazing baked goods – pies, cakes, cookies, scones, muffins, etc., to sell to hungry WES shoppers. Label your contributions with it’s name and if it is gluten-free, nut-free. Please indicate if it contains nuts. Deliver your delicious baked goods to the church kitchen Thursday afternoon July 13<sup>th</sup> or to the bakery booth between 7:30 - 9:00 am on Friday, July 15<sup>th</sup>. Runners will be available to come to your car to take your baked goods. Please call or email Kristen and Julia Clark with any questions at 203-530-8360 or [dave.kristen@yahoo.com](mailto:dave.kristen@yahoo.com).

# JULY

| <i>Sun</i> | <i>Mon</i>                                                                                                                                 | <i>Tue</i>                                                                                                                                      | <i>Wed</i>                                                                                                          | <i>Thu</i>                                                                              | <i>Fri</i>                                | <i>Sat</i>                                                                                                     |
|------------|--------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| 9          | <p>10<br/>CLOSED<br/>Sort &amp; Price</p> <p>for sale.<br/>Move art to<br/>Narthax</p> <p>Clean up and<br/>Finalize inside set-<br/>up</p> | <p>11<br/>During Day<br/>Big Tens &amp; Sport<br/>Goods</p> <p>5-7 pm<br/>Outside tables,<br/>Plant, Baked Good,<br/>Coffee Tents Go<br/>up</p> | <p>12<br/>CLOSED<br/>Sort &amp;<br/>Price</p> <p><b>Finalize<br/>any re-<br/>maining<br/>outside<br/>Set-up</b></p> | <p>13<br/>SET-UP<br/>OUTSIDE<br/>8 AM -&gt;&gt;<br/><u>Workers</u><br/><u>Lunch</u></p> | <p>14<br/><b>SALE</b><br/>9:00 - 2:00</p> | <p>15<br/><b>SALE</b><br/>8:00-<br/>12:00</p> <p>CLEAN-<br/>UP &amp;<br/><u>Snacks</u><br/>12:00 -&gt;&gt;</p> |

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## Calendar of Events and Meetings

**Memorial Service for Mark Testori** *TODAY* at 3:00pm in the Meetinghouse.

**WES Sale** *Friday, July 14* at 9:00am to 2:00pm.

**WES Sale** *Saturday, July 15* at 8:00am to 12:00pm.

**Food Pantry Closed** *Saturday, July 15.*