

We are very grateful and happy to welcome the Rev. Cathy Zall to the pulpit this morning. Cathy served as our Associate Minister from 2002-2007 and is currently the Executive Director of the Homeless Hospitality Center in New London. Our church works closely with HHC and we are grateful to her for helping us share in this critical work; serving those most in need.

Cathy recommends:
Joyful Wisdom by Yongey Mingyur Rinpoche.
Center for Action and Contemplation podcast "Turning to the Mystics" especially Season 7 on Meister Eckhart <https://cac.org/podcast/turning-to-the-mystics/>.

This morning we are pleased to celebrate the baptism of Evie Vera Nelson, daughter of Jude Nelson and Meghan McLean, and granddaughter of Chris McLean.

The host for Fellowship Hour today is Susan Mountz.

The Nursery is open today with Miss Kim.

White Elephant Sale - Another Success - Thanks to all the volunteers who contributed and worked so hard to make this year's sale so successful. Everything ran very smoothly and having only 6 days intake helped a lot. Preliminary figures to be announced from pulpit.

Diaper Bank Saturday continues during the summer months. Our next distribution will be on August 5th. Donations of diapers, especially sizes 3, 4, and 5, and baby wipes are always appreciated.

A Little Bit Messy: Parents of Young Children Summer Picnic: Join us for our first monthly meet-up meeting as we make time to visit, share stories and get to know one another. Thursday, July 20th at 5:30 - 6:30 pm Fellowship Garden. Babysitting and sandwiches included! For more info email Laura at lfitz.nager@gmail.com.

Grief and Loss Group: Monthly group for those who have lost a loved one and those who continue with the challenges of caregiving. Next meetings will be Wednesday, June 26th, from 5:30-6:30 pm in Hoag Parlor. Co-facilitated by Laura Fitzpatrick-Nager and Mary McGannon Kollman.

Film Screening of The Letter is being shown at FCCOL on Thursday, July 27th at 7 pm. This documentary is sponsored by Interfaith Power and Light and tells the incredible story of the Laudato Si's encyclical letter by Pope Francis, through the eyes of frontline leaders battling the ecological crisis across continents. A powerful – and surprising – dialogue with the Pope in the Vatican brings new hope for our common home. Featured in the film are Arouna Kandé, a climate refugee in Senegal; Cacique Dadá, an environmental defender and leader of the Maró Indigenous territory in the Brazilian Amazon; Ridhima Pandey, a youth climate activist from India; and Greg Asner and Robin Martin, biologists studying coral reefs in Hawaii.

Shown in Sheffield Auditorium, Free.

CPR/AED and First Aid Class Do you live around other people? You need to know what to do in an emergency. A CPR/AED and First Aid class will be held on Thursday, August 3rd from 9:00 am - 3:00 pm at the Estuary Council of Seniors in Old Saybrook. The class is \$28 and American Red Cross certificates will be given. Please contact the Estuary or Cathy Mathis—an ARC instructor—at camathis43@gmail.com to register.

Message from our Director of Music, Simon Holt to all members of the Senior Choir

Thank you for your wonderful singing at FCCOL this season! You have worked so hard and your singing has really enhanced our services. It's very much appreciated.

Now, to everyone reading this; It's Your Turn!! This summer we will be holding one more Summer Sing, or better known as "Turn up to FCCOL at 9:15 am and rehearse for the 10:00 am service, and yes, it feels like the seat of your pants singing, but oh, what fun we'll have" Sundays! Our last will take place on **August 13**. Please mark your calendars! I hope many of you will join us!

Calendar of Events and Meetings

Writing at the Well *Wednesday, July 19 at 10:00am* in the Meetinghouse.
Memorial Service: Michele Delmhorst *Friday, July 21 at 1:00pm* in the Meetinghouse.